

UNIVERSITATEA PETROL - GAZE DIN PLOIEȘTI
 FACULTATEA DE INGINERIA PETROLULUI ȘI GAZELOR
 DEPARTAMENTUL DE ACTIVITĂȚI MOTRICE ȘI SPORT UNIVERSITAR
 Examen de promovare în cariera didactică pe postul de: Conferențiar Universitar, poz. 3
 Disciplinele postului: Educație Fizică
 Domeniul: Educație fizică și sport

LISTĂ LUCRĂRI ȘTIINȚIFICE

Lector univ. dr. LUPU ELENA, Universitatea Petrol - Gaze din Ploiești

A. LISTA CELOR 10 PUBLICAȚII, BREVETE, LUCRĂRI RELEVANTE PENTRU REALIZĂRILE PROFESIONALE

1. **Lupu, Elena.** [Personality traits, the tendency towards irrational attitudes and their connection with physical education activities](#) ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 29, Pages: 272-279 DOI: 10.1016/j.sbspro.2011.11.238 Published: 2011
 WOS:000299993000039;
 ISSN: 1877-0428
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2. **Lupu, Elena.** [The leadership attitude - a way of preparing for life and the students' interest for sport activity](#); ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 15, Pages: 1334-1339 DOI: 10.1016/j.sbspro.2011.03.287 Published: 2011
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6. Lupu, Elena. [The importance of performing physical exercises for students and their implication in the development of visual creativity \(VC scale\)](#) ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 69 Pages: 286-292 Published: 2012. DOI 10.1016/j.sbspro.2012.11.411 WOS:000317131400035; ISSN 1877-0428

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7. Elena, Sabau; Georgeta, Niculescu; Cecilia, Gevat; **Elena Lupu**. [The attitude of the elderly persons towards health related physical activities.](#) ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 30 Pages: 1913-1919 Published: 2011 . DOI 10.1016/j.sbspro.2011.10.372 WOS:000300440500372; ISSN 1877-0428

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9. Luca Russo 1,* ,† , Eleonora Montagnani 2,† , Davide Pietrantuono 3 , Fabiola D'Angona 3 , Tommaso Fratini 1 , Riccardo Di Giminiani 4 , Stefano Palermi 5 , Francesco Ceccarini 6 , Gian Mario Migliaccio 7,‡ , **Elena Lupu** 8,‡ and Johnny Padulo 9,‡. [Self-Myofascial Release of the Foot Plantar Surface: The Effects of a Single Exercise Session on the Posterior Muscular Chain Flexibility after One Hour-Web of Science Core Collection.](#) *Int. J. Environ. Res. Public Health* **2023**, *20*(2), 974; <https://doi.org/10.3390/ijerph20020974>. Received: 19 November 2022 / Revised: 1 January 2023 / Accepted: 3 January 2023 / Published: 5 January 2023 (This article belongs to the Special Issue *Contemporary Physical Therapy and Rehabilitation: Issues and Challenges*). . PubMed ID 36673731 <https://www.mdpi.com/1660-4601/20/2/974> *Journals IJERPH* , Volume 20, Issue 2 ; [10.3390/ijerph20020974](https://doi.org/10.3390/ijerph20020974) ; DOI 10.3390/ijerph20020974; Volume 20 Issue 2

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B. TEZA DE DOCTORAT

Lupu Elena – *Realizarea obiectivelor cognitive și afective în activitatea de educație fizică cu studenții* - Academia Națională de Educație Fizică și Sport - BUCUREȘTI , 22. Iunie,2007 - Doctor în Educație fizică și sport.

Conducător științific: Prof. univ. dr. Epuran Mihai.

C. CĂRȚI ȘI CAPITOLE DE CĂRȚI TIPĂRITE ÎN EDITURI CU ISBN

Cărți publicate ca unic autor:

1. **Lupu Elena**, *Metodica predării educației fizice și sportului*, Editura Institutul European, Iași, 2006, 104 pag., ISBN 973-611-436-8 ; 978-973-611-436-6.

2. **Lupu Elena**, *Obiectivele Educaționale – Problematică teoretică și metodică actuală*, Editura Universității Petrol – Gagze din Ploiești, 2009, 131 pag., ISBN 978-973-719-333-9

3. **Lupu Elena**, *Metodica predării educației fizice și sportului*, Ediția a doua revăzută și adăugită. Editura Institutul European, Iași, 2012, 130 pag., ISBN 978-973-611-854-8 ; 371.3 :796 :373.3(075.8).

Cărți publicate ca prim autor și în colaborare în edituri clasificate A2:

4. **Lupu Elena**, Larion Alin, Luca Russo, Oltean Antoanela, Cârlioru Andreea, *Relația dintre memoria de lucru (M.L.) și elementele de motricitate la adolescenți*, Editura "Ovidius University Press"- Constanța 2023, 169 pag, ISBN 978-606-060-086-2

5. Stănescu Silviu, Oltean Antoanela, Stănescu Andrei, **Lupu Elena**, *Handbal-Sisteme de acționare în apărare-nivel Juniori II*, Editura "Ovidius University Press"- Constanța 2023, pag. 120 ISBN 978-606-060-087-9

6. Larion Alin, Dragomir Lenuța, **Lupu Elena**, Popa Cristian , *Didactica și metacogniția în activități motrice. Repere*, Editura "Ovidius University Press"- Constanța 2021, -125 pagini, ISBN: 978-606-060-038-1

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7. **Lupu Elena**. A new perspective regarding the significance of: computer addiction - dependence and the importance of physical activity in this context **Pages:** ^[1]_[SEP]172-186, Full *Chapter 25*, Future Academy® Cognitive Counselling Research & Conference Services Sciences C-crcs Volume IV (eISSN: 2301-2358).

Corresponding Author: Elena Lupu Selection and peer-review under responsibility of the Organizing Committee of the conference. <http://dx.doi.org/10.15405/book.4.6> ISSN: 2301-2358/ Corresponding Author: Elena Lupu.

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D.ARTICOLE/ STUDII ÎN EXTENSO PUBLICATE ÎN REVISTE DIN FLUXUL ȘTIINȚIFIC INTERNAȚIONAL:

1. **Lupu, Elena** [Cognition as an efficient way of training in physical education activities.](#)
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13. Lupu, Elena [The impact of motor education when uttering personal demands \(the Od factor\)](#) ELSEVIER SCIENCE BV, Book Series: Procedia Social and Behavioral Sciences Volume 112 Page 518-524, Published: 2012, DOI 10.1016/j.sbspro.2014.01.1197 WOS:000380881700064 ISSN 1877-0428

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16. Lupu, Elena [Physical education in the development of the creative-empathetic potential in students](#)
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18. Lupu, Elena; Enache, Roxana. [Didactic conception on the basis of cognitive and affective objectives for non-profile university-physical education](#)

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19. Elena, Lupu; Mihaela, Suditu; Cristina, Safta. [Education for a healthy life through psychomotor activities in the opinion of students of Mechanics Engineering and Electronics Faculties from Petroleum-Gas University](#); Book Series: Mathematics and Computers in Science and Engineering Pages: 271-276 Published: 2010. WSEAS ; DOI 10.1016/j.sbspro.2011.11.238

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25. **Lupu Elena;** Petrescu, Andreea, Loredana. [A study regarding teenagers' self-image and the importance of physical activities in its formation](#) ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 33 Pages: 870 -874 Published: 2012 DOI 10.1016/j.sbspro.2012.01.246
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28. **Lupu, Elena;** Cecila, Gevat; Elena, Sabau; Georgeta, Niculescu. [Education Regarding Addictions and The Impact of Leisure Time Physical Activities Upon The Control of The Addictive Behaviour](#) ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 159 Pages: 283-287 Published: 2014 DOI 10.1016/j.sbspro.2014.12.373
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29. **Lupu Elena;** Ozcan, Deniz. [Aspects Of Logical Reasoning For Candidates Enrolled In The Admission Programme For Higher Education \(18-27 Years\)](#) ELSEVIER SCIENCE BV. Book Series: Procedia Social and Behavioral Sciences Volume: 131 Pages: 420-425 Published: 2014; DOI 10.1016/j.sbspro.2014.04.141
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E. ARTICOLE PUBLICATE ÎN EXTENSO APĂRUTE ÎN LUCRĂRI ALE CONFERINȚELOR INTERNAȚIONALE DE SPECIALITATE:

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